

Why is walking or biking to school **good for the environment** and **good for me**?



What are 3 ways to be safe while walking to school?

1. _____
2. _____
3. _____



What are 3 ways to be safe while **biking**?

1. _____
2. _____
3. _____

What is the **safest route** for walking or biking from my home to school? Are there sidewalks? Which streets have the least amount of car traffic? Do the intersections have stop signs or traffic lights? (The best walking or biking route may not be the fastest way to get there in a car!)

Draw a map of your route on the back. Practice walking/biking this route with an adult.

